Edison Township
Department of Health & Human Services
Division of Senior Citizen Services

Calendar of Events
For
August 2019

Edison Senior Citizen Services
2963 Woodbridge Ave, Edison, NJ
732-248-7345
Official Website: www.EdisonNJ.org
Email: seniors@edisonnj.org

Mayor Thomas Lankey    Municipal Council
Jay P. Elliot, Director of Health & Human Services
Medicare Fraud Alert: Genetic Testing Scam

The U. S. Department of Health and Human Services Office of Inspector General is alerting the public about a Medicare scam which offers Medicare beneficiaries cheek swabs for genetic testing.

If the beneficiary agrees to genetic testing or verifies personal or Medicare information, a testing kit is sent even if it is not ordered by a physician or medically necessary.

Fraudsters are targeting beneficiaries through telemarketing calls, booths at public events, health fairs, and door-to-door visits. Once Medicare information is obtained it is used for identity theft or fraudulent billing purposes.

Medicare Fraud Alert: Back Brace Scam

You pick up the phone, and it’s someone pretending to be a Medicare representative. The scammer will either offer you a back, knee or wrist brace through Medicare or claim that a caregiver previously called about receiving a back brace from Medicare.

If you show interest in the brace, the scammer will start asking for personal information, such as your Social Security number or a Medicare number to access the benefits. Don’t fall for these phony claims, even if the calls are persistent! The callers offer no company name and may even hang up on you if you ask for further company information.

Fraud Alert: Social Security Numbers

Your phone rings and the caller states that they are calling from Social Security to advise you that your social security number was used for fraud and that they are going to delete your social security number and issue you a new one. They then ask you to verify your social security number. **Medicare and Social Security will not call you on the phone. They will only contact you via mail. Both agencies have your basic information including your Social Security and Medicare numbers. Never share your Medicare/Social Security number with an unsolicited caller.**

Protect Yourself:

1. If a genetic testing kit is mailed to you, don’t accept it unless it was ordered by your physician. Refuse delivery or return it to the sender. Keep a record of the sender’s name and the date your returned the items.
2. Be suspicious of anyone who offers you free genetic testing and then requests your Medicare number. If your personal information is compromised, it may be used in other fraud schemes.
3. A physician that you know and trust should approve any requests for genetic testing.
4. Treat your Medicare number like your credit card info or other personal details. Do not share it with unsolicited callers.
Let’s Give a Big Welcome to our Newest Club Member!

Stelton: Rose Timm, Diane Deakyne

Enjoy your summer and stay safe with these following precautions:
1. Stay hydrated. Drink lots of water and avoid alcoholic beverages when in the sun. Be aware of the early warning signs of heat-related illnesses.
2. Check the forecast before you go out and limit your time out in the sun and heat.
3. Keep sunscreen easily accessible and remember to use it. Wear appropriate clothing for your summer events.
4. Check your prescriptions for side effects related to sun exposure.
5. Use your air conditioning unit if you have one to ward off heat and humidity.

Labor Day Holiday on Monday, September 2, 2019
The Edison Senior Citizen Center will be closed on Monday, September 4th in honor of the Labor Day Holiday. Transportation services will not be available.

School Begins Wednesday, September 4, 2019
Time for backpacks, new shoes and lunch money as school begins in Edison on Wednesday, September 4. Expect traffic delays and please drive carefully as school buses and anxious parents are on the road.

AARP Defensive Driving Class
Our August 6th and August 20th evening Defensive Driving Class has been cancelled due to low enrollment. Our next class will take place on Wednesdays, Sept 4 & Sept 11 from 9 a.m. to 12 p.m.
For additional information or to register for these classes, please contact the Edison Senior Citizen Center at 732-248-7345. A minimum of 10 registered participants is required in order for the class to be held.

Save the Date Senior Health & Fitness Walk September 25, 2019
The Middlesex County Department of Health & Disabled Services has announced the Senior Health & Fitness Walk, Wednesday, September 25, 2019, from 10 am to 1 pm at Roosevelt Park, Edison. Enjoy health screenings, T-shirts, wellness information, free boxed lunch, entertainment, warm-up exercises, giveaways & raffles.

Register by September 4th in the senior center office.
Community Farmers’ Markets are more popular today than ever because exceeding numbers of consumers are becoming interested in buying their fresh produce directly from local farmers.

People enjoy the wholesome experiences of talking to farmers about produce, seeing their neighbors or friends out in the open air while enjoying the sights and smells of market day. We encourage you and your family to visit these local farmers markets.

**Highland Park Farmers' Market**
212 Raritan Ave, Highland Park
Open: Fridays, 11 am - 5:30pm

Community Farmers Market: Variety of fresh fruits & vegetables, Breads, cheese, meats, poultry, eggs, pickles, olive oil, mushrooms, dried fruit & nuts, wines and more.

**Metuchen Farmers Market**
15 Center St., Metuchen
Open: Saturdays, 9am - 2pm

Community Farmers Market: Variety of fruits and vegetables, grass-pastured beef/pork products, free-range chicken & eggs, fresh seafood, artisanal cheeses & breads, dried fruits & nuts, pickles & olives, delicious prepared foods, fresh-brewed coffee/beverages/bakery treats, and more.

**Rutgers Gardens Farm Market**
112 Ryders Lane, New Brunswick
Open: Fridays, 11am - 5pm

Community Farmers Market: Variety of fresh fruits & vegetables, Cheese, meats, seafood, baked goods, prepared foods, and more.

*Help strengthen the local economy, buy fresh, local, and in season!*
Woodbridge Township Mayor's Summer Concert Series
The Edison Senior Center invites you to attend the following Monday evening concerts which are FREE to the community. Bring your own snacks and lawn chairs. You will be responsible for carrying your chairs/coolers and setting up your seats on the lawn. Bathrooms are available inside the high school for use during the concert. All performances start at 7:30 pm

Monday, Aug. 5    The Cameos (Doo Wop Sound)
Monday, Aug. 12   Sounds of the Street (Oldies, Doo Wop, & Accapella)
Monday, Aug. 19   Shadow of the 60’s (Motown Tribute Band)
Monday, August 26 The Infernos (NJ Show Band – Sinatra, Top 40, Big Band)

Transportation is available to and from your home to Woodbridge High School. Seating is limited to the first 22 people with the option of a waiting list.
Please contact the Edison Senior Center at 732-248-7345 for information.

Meet Me at the Middlesex County Fair August 5—11, 2019
Celebrating their 80th Anniversary, the Middlesex County Fair has been a tradition that brings a week of summer fun! Explore our county’s rich agricultural heritage, learn a new craft, try a new food, or go on a ride – it’s all in a day’s visit at the Middlesex County Fair!
Visit the 4-H animal pavilion or stroll the fruit and vegetable displays. Nightly entertainment at locations throughout the fair from 5 until 11 pm.
The Middlesex County Fairground is located on Cranbury Road, East Brunswick.

Hours:    Monday through Friday   5 to11pm
          Saturday    11am to 11pm
          Sunday     11am to 10pm.

Admission:  Adults…..$7  Seniors 65+…..$4  Children 3-12…..$1

We Would Like to Offer Congratulations to the Following 2019 Senior Citizen Art Contest Winners from Edison

Congratulations to the following winners of the 2019 Middlesex County Senior Citizen Art Contest. Their artwork is on display at Middlesex County College, Studio Art Gallery through August 20th. Mon.—Thurs. 11 am—4 pm

PROFESSIONAL SCULPTURE       2nd Place   Anas Gooden, Edison – Grandma Honey
PROFESSIONAL WATERCOLOR      2nd Place   Indrani Choudhury, Edison – Summer Tomatoes
PROFESSIONAL PHOTOGRAPHY     2nd Place   Harvey Levine, Edison – Amidst Muted Tones of Wood
PROFESSIONAL OIL           Honorable Mention  Shelley Phillips, Edison – Warming Up

NON-PROFESSIONAL DRAWING     2nd Place   Madhumati Bhate, Edison – A Tale of Two Lovers
NON-PROFESSIONAL PHOTOGRAPHY   2nd Place   John Erdreich, Edison – Fisherman Bali Indonesia
NON-PROFESSIONAL ACRYLIC     1st Place  Clairice Lukas, Edison – The Old Lighthouse
Enjoy a day celebrating Oktoberfest at Doolan’s Shore Club in Spring Lake, NJ

Tuesday, October 8, 2019

Cost of $53 per person includes: bus, lunch, dinner, and a day of fun!
Payment is due at time of registration.

Deadline to sign up is September 20, 2019

Entertainment by The GB’s Bavarian Show Band—Ach Der Lieber, And more from the Mike Byrne All Stars.

Ein, Zwei, Drei lets celebrate Oktoberfest with:
One Hour Open Bar
Fresh Garden Salad
Soup or Pasta
Sauerbraten
Chicken Kiev
Salmon
Dessert
Coffee and Tea
Wine & Soda During Lunch

Please see Breanna at the Senior Center to register or call 732-248-7345 for more information.
Thursday, October 17th, 2019

The Delaware Valley's oldest and largest flea market!
You can find just about anything -- clothing, furniture, cosmetics, toys, tools, food, plants, wallpaper, luggage, housewares, jewelry, and more! Thousands of items, all at a bargain! A shopping experience of browsing, bartering, and buying. There are many food vendors throughout the outdoor and indoor flea market!

Produce Row at the Columbus Farmers Market provides shoppers with fresh retail produce at wholesale prices. The three vendors at the Produce Row complex offer fruit, vegetables, eggs, fresh flowers, Italian delicacies and many unusual gourmet delicacies.

Stopping by the Amish Market is a MUST for every shopper at the Columbus Farmers Market! Don't miss the Amish Market!
Bringing authentic foods and retail items from Lancaster County, Pennsylvania, the Amish Market draws hundreds of shoppers from all surrounding areas.
Get roasted chickens and ribs from Stoltzfus Bar-B-Que.
Pretzels and ice cream abound at Dutch Pretzels.
Handmade Amish crafts are at King's Crafts, tons of spices and dry foods are at Dutch Bulk Dry Foods. The Dutch Kountry Kitchen has yummy bakery selections. Riehl's Deli and Subs offer delicious meals. J & L Candy and Crafts satisfy your sweet tooth.

At the Columbus Flea Market you can shop indoors and outdoors.
There are multiple areas to sit and enjoy lunch.
This shopping excursion involves a lot of walking, so wear comfortable shoes.

Transportation is available to and from your home. Seating is limited. Please call the Edison Senior Center at 732-248-7345 to register for the Columbus Flea Market.
Registration deadline is Friday, October 11, 2019
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